

# 2024 Connection Series - Adult/Adult Connection

Protective factors are safeguards to help children function well at home, in school, and in their community. Building strong relationships and fostering connectivity are essential to providing strong protective factors for our families. Please join us for our fourth session in the 2024 Connection Series!

## VIRTUAL WORKSHOP

Thursday, November 21, 2024

7:30 - 9:00 P.M.

Join us for this 90 minute, virtual session where we will touch on some basics to help adults connect better with one another.

When adults communicate and get along better it has a positive impact on the family. Learn about:

- Value of connection
- Understanding our response to perceived “threats”
- Attachment styles 101
- Empathy and Understanding
- Communication Tools – Reflective Listening and I Statements

[Register Here](#)

or visit [www.CCEOrangeCounty.org/events](http://www.CCEOrangeCounty.org/events)



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Orange County**

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